



South Coast Aquatics

www.southcoastaquatics.com

Club Picture Day, Sunday, April 1st, 12:00pm at CLU

CONGRATULATIONS:

Matt Warshaw, 12th grade boys assistant coach, Olympic Development Program
Cody Pletcher, head boys water polo coach at TOHS
Ricky Mulcahey, JV boys water polo coach at TOHS
Colin Reed, soph/frosh boys water polo coach at TOHS

DIVING

Diving Hours:
Mon & Wed, 5:45pm-7:00pm at CLU

MASTERS

One hour swim
Top finisher, male – Randy Eickhoff
Top finisher, female – Loriann Mark
Total # of participants – 76 swimmers

Pleased to announce that South Coast has been selected for the 2nd year in a row as Amgen's Nautica Triathlon training partner for this summer. Beginning in June training will include pool, ocean swimming and triathlon training.

CALIFORNIA LUTHERAN UNIVERSITY:

Sunday: 8:30–10:00 am
Tuesday & Thursday: 5:30–6:30 am
Monday–Friday: 12:00–1:00 pm
Monday & Wednesday: 7:00–8:00 pm

OAKS CHRISTIAN SCHOOL:

Saturday: 9:30–11:00 am
Monday, Wednesday, Friday: 5:30–6:30 am
Tuesday & Thursday: 7:00 pm–8:00 pm

YOUTH SWIM

Novice Swim: 3:45pm-5:00pm, M-T-W-Th
Adv Swim: 6:00pm-7:00pm, M and W
Time trial swim meets: Mar 10, Apr 14, May 5

TRI TEAM

Summer Ocean Clinics! Learn how to compete in the ocean swim! Track Training at Moorpark College, Thursday's 6pm-7pm.
Please mail Steve Polley at scpolley@sbcglobal.net for more info

WATER POLO

14G win gold & 14B take bronze at Winterfest!
16B win silver at KAP 7 Championships!

Ventura County Cup V was a success!
Largest water polo tournament in history in Ventura County!

Congratulations to Olympics Development Program Selections: Blake Beattie, David Birdwell, Keaton Hess, Luke Irwin, Taylor Noblett, Corey Page, Jacob Rosenfeld, Whitney Alderman, Lacey Anderson, Jessie Andrews, Elise Begg, Emily Kerchner, Annie Kutt, Maddie Sickie, Paige Treloar-Ballard

CLU Women's Water Polo Home Games, 11:00AM:

Sat-Mar 31 vs La Verne,
Sat-Apr 7 vs Claremont,
Sat Apr-21 vs Redlands

Orange County Cup, Mar 17-18 (12B, 14B, 12G, 14G)

Mikasa Cup Irvine,
Apr 14-15 (16B, 18B, 16G, 18G)
San Diego County Cup,
May 4-6 (12B, 12G, 14B, 14G)

Junior Olympics Qualifying Dates

12U/14U Boys & Girls: June 2-3
16U/18U Boys: June 16-17
16U/18U Girls: June 23-24

Junior Olympics in Palo Alto

Boys, July 28-31
Girls, August 2-5